# **INSTRUCTIONS FOR USE**

# Cosentyx 150 mg/1 mL pre-filled pen

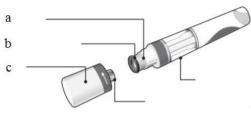


#### Read ALL the way through these instructions before injecting.

These instructions are to help you to inject correctly using the Cosentyx SensoReady pen.

It is important not to try to inject yourself or a person in your care until you have been trained by your doctor, nurse or pharmacist.

#### Your Cosentyx SensoReady pen:



- a. Needle
- b. Needle guard
- c. Cap
- d. Inspection window
- e. Internal needle cover

Cosentyx SensoReady pen shown with the cap removed. **Do not** remove the cap until you are ready to inject.

#### What you need for your injection:

Included in the carton:

A new and unused Cosentyx
 SensoReady pen. 1 pen is
 needed for a 150 mg dose and
 2 pens are needed for a 300 mg
 dose.

**Before your injection** 

Store your boxed Cosentyx SensoReady pen in a refrigerator between 2°C and 8°C and out of the reach of children.

- d Do not **freeze** the Cosentyx SensoReady pen.
- <sup>e</sup> Do not **shake** the Cosentyx SensoReady pen.

Do not use the Cosentyx SensoReady pen if it has been **dropped** with the cap removed.

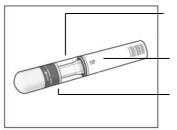
For a more comfortable injection, take the Cosentyx SensoReady pen out of the refrigerator **15 to 30 minutes before injecting** to allow it to reach room temperature.

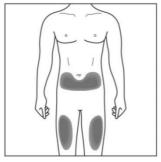
Not Included in the carton:

- Alcohol swab.
- Cotton ball or gauze.
- Sharps disposal container.



• The liquid should be clear. Its color may vary from colorless to slightly yellow.





- Do not use if the liquid contains easily visible particles, is cloudy or is distinctly brown. You may see a small air bubble, which is normal.
- **Do not use** your Cosentyx SensoReady pen if the **expiration date** has passed.
- **Do not use** if the **safety seal** has been broken.
- Contact your pharmacist if the Cosentyx SensoReady pen fails any of these checks.

## 2a/ Choose your injection site:

- The recommended site is the front of the thighs. You may also use the lower abdomen, but not the area 2 inches around the navel (belly button).
- Choose a different site each time you give yourself an injection.
- Do not inject into areas where the skin is tender, bruised, red, scaly or hard. Avoid areas with scars or stretch marks.

# 2b/ Caregivers and Healthcare Professionals Only:

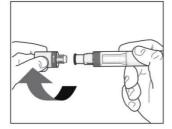
If a **caregiver** or **healthcare professional** is giving you your injection, they may also inject into your outer upper arm.



### 3/ Cleaning your injection site:

- Wash your hands with hot soapy water.
- Using a circular motion, clean the injection site with the alcohol swab. Leave it to dry before injecting.
- Do not touch the cleaned area again before injecting.

### Your injection



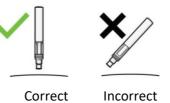
### 4/ Removing the cap:

- Only remove the cap when you are ready to use the Cosentyx SensoReady pen.
- Twist off the cap in the direction of the arrows.
- Once removed, throw away the cap. **Do not try to re-attach the cap.**
- Use the Cosentyx SensoReady pen within 5 minutes of removing the cap.



# 5/ Holding your Cosentyx SensoReady pen:

• Hold the Cosentyx SensoReady pen at 90 degrees to the cleaned injection site.

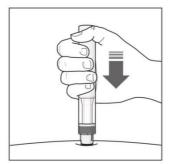


### YOU MUST READ THIS BEFORE INJECTING.

During the injection you will hear **2 loud clicks**.

The **1st click** indicates that the injection has started. Several seconds later a **2nd click** will indicate that the injection is **almost** finished.

You must keep holding the Cosentyx SensoReady pen firmly against your skin until you see a **green indicator** fill the window and stop moving.



### 6/ Starting your Injection:

- Press the Cosentyx SensoReady pen firmly against the skin to start the injection.
- **The 1st click** indicates the injection has started.
- Keep holding the Cosentyx SensoReady pen firmly against your skin.
- The green indicator shows the progress of the injection.



### 7/ Completing your injection:

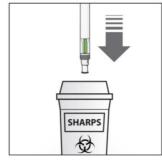
- Listen for the **2<sup>nd</sup> click**. This indicates the injection is **almost** complete.
- Check the green indicator fills the window and has stopped moving.
- The Cosentyx SensoReady pen can now be removed.

#### After your injection



8/ Check the green indicator fills the window:

- This means the medicine has been delivered. Contact your doctor if the green indicator is not visible.
- There may be a small amount of blood at the injection site. You can
  press a cotton ball or gauze over the injection site and hold it for
  10 seconds. Do not rub the injection site. You may cover the
  injection site with a small adhesive bandage, if needed.



#### 9/ Disposing of your Cosentyx SensoReady pen:

- Dispose of the used Cosentyx SensoReady pen in a sharps disposal container (i.e. a puncture-resistant closable container, or similar).
- Never try to reuse your Cosentyx SensoReady pen.

#### More information

Medicine information is updated now and then. The information in this leaflet was last updated on the date listed below. More recent information on the medicine may be available.

For the most current information about this product, ask your pharmacist or doctor for a copy of the latest Consumer Medicine Information (CMI) or download a copy from the Novartis web site at <u>www.novartis.com.au</u>.

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Novartis Pharmaceuticals Australia Pty Limited ABN 18 004 244 160 54 Waterloo Road Macquarie Park NSW 2113

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