

## Instructions for Use

### Introduction

The mouthpiece has been designed for use with the Atrovent Metered Dose Inhaler canister so that you always get the right amount of medicine.

The mouthpiece must never be used with any other Metered Dose Inhaler canister. The Atrovent canister must not be used with any mouthpiece other than the one supplied with this product.

The container is under pressure and should not be opened by force or exposed to temperatures above 50°C.

### How to use your Atrovent inhaler

Note:

Before first use of a new inhaler, prime it by activating twice into the atmosphere.

Before use if the inhaler has not been used for 3 days, reprime by activating once into the atmosphere.

1. Remove the protective cap from the short end of the mouthpiece.
2. Hold the inhaler with the arrow on the canister pointing upwards. Do not spray into or around the eyes.
3. Breathe out fully, to the end of a normal breath.
4. Place the open end of the mouthpiece between the lips but not past the teeth (Figure 1).
5. Breathe in slowly through the mouth and at the same time firmly press the canister down once. Do not stop breathing when you press on the canister - continue to take a full, deep breath.
6. Hold your breath for about ten seconds if possible, then breathe out slowly. Remove the inhaler from your mouth.
7. If a second or subsequent inhalation is necessary, start again from instruction 3.

Replace the protective cap on the mouthpiece.

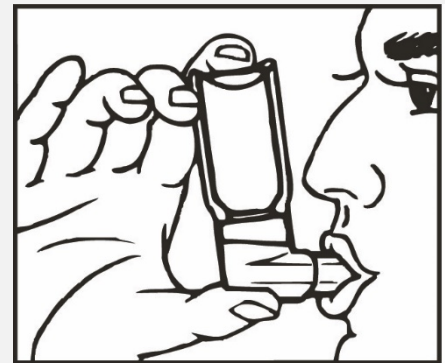


Figure 1

### How to check how full your Atrovent inhaler is

Your inhaler is not transparent and makes almost no sound when it is shaken, so it is difficult to know when your inhaler is nearly empty.

The inhaler will deliver 200 puffs. When the labelled number of doses have been used (usually after 3 weeks when used as recommended) the canister may still appear to contain a small amount of fluid. The inhaler should, however, be replaced so that you can be certain that you are getting the right amount of medicine in each actuation.

## Care and cleaning

In order to obtain the best service from your Atrovent inhaler, these simple directions on maintenance should be carefully observed.

One of the most common causes of failure of the metering device of the inhaler to function is a dirty or blocked mouthpiece.

Always replace the protective cap on the mouthpiece after use to prevent the inside of the mouthpiece and canister from becoming dusty.

Clean your mouthpiece at least once a week. It is important to keep the mouthpiece of your inhaler clean to ensure that medicine does not build up and block the spray.

Remember to take out the canister before you wash the mouthpiece.

When removing the canister from the mouthpiece pull out carefully to avoid bending the thin plastic stem.

Never press the thin plastic stem of the canister against a firm surface to check for function.

This may bend the stem and lead to malfunction of the inhaler.

For cleaning, first take off the dust cap and remove the canister from the mouthpiece. Rinse with warm water through the mouthpiece until no medication build-up and/or dirt is visible (Figure 2).

After cleaning, shake out the mouthpiece and let it air-dry without using any heating system (Figure 3). Once the mouthpiece is dry, replace the canister and the dust cap.

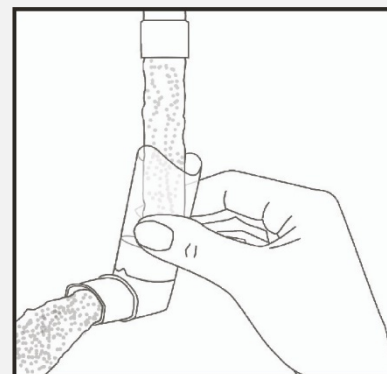


Figure 2

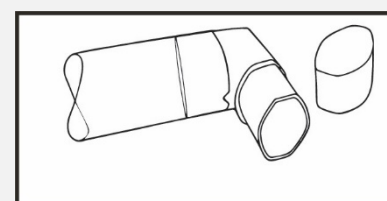


Figure 3

## Using your Atrovent inhaler with a spacer

Your doctor or pharmacist may suggest that you use a device called a 'spacer' with your inhaler, to help you use your inhaler more effectively.

A spacer is a holding chamber into which you spray your inhaler before inhaling.

Follow the instructions supplied with the spacer, to use your inhaler and spacer together properly.

Before first using your spacer, wash it with warm water and a small amount of detergent. Allow it to dry without rinsing, or drying with a cloth. Repeat this cleaning process at least once every month.

This will help keep your spacer clean and to work properly.

Make sure you breathe in and out through the spacer after each puff from your inhaler. If you need to be shown how to use your spacer, or if you are having difficulties using your spacer, discuss this with your pharmacist.

### Supplier

Atrovent Metered Dose Inhaler is supplied in Australia by:

Boehringer Ingelheim Pty Limited

ABN 52 000 452 308

Sydney NSW

[www.boehringer-ingelheim.com.au](http://www.boehringer-ingelheim.com.au)

This Instructions for Use was prepared April 2021.

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