Zithromax® Tablets and Oral Suspension

azithromycin

Consumer Medicine Information (CMI) summary

The <u>full CMI</u> on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I taking Zithromax?

Zithromax contains an active ingredient azithromycin. Zithromax is used to treat infections in different parts of the body caused by bacteria. For more information, see Section 1. Why am I taking Zithromax? in the full CMI.

2. What should I know before I take Zithromax?

Do not take Zithromax if you (or your child) have ever had an allergic reaction to azithromycin or other antibiotics that are the same type, or any of the ingredients listed at the end of the CMI. Your doctor will know which antibiotics are the same type as Zithromax. Zithromax tablets contain lactose, the oral suspension contains milk products and high level of sugars.

Talk to your doctor if you (or your child) have kidney, liver or heart problems including abnormalities of the rhythm; muscle weakness; low levels of potassium or magnesium in your blood; take any other medicines; if you are pregnant, or plan to become pregnant or are breastfeeding. For more information, see Section 2.

What should I know before I take Zithromax? in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Zithromax and affect how it works. A list of these medicines is in Section 3. What if I am taking other medicines? in the full CMI.

4. How do I take Zithromax?

Your doctor will decide how much Zithromax you or your child should take, it will depend on the type of infection, or child's bodyweight. More instructions can be found in Section 4. How do I take Zithromax? in the full CMI.

5. What should I know while taking Zithromax?

Things you should do

 Tell your doctor if the symptoms of the infection do not improve within a few days or they become worse; you have chest pain;

shortness of breath; dizziness; severe diarrhoea; sore white mouth or tongue; you have vaginal itching or discharge; you become pregnant or are breastfeeding.

- Talk to your doctor about the need for additional method of contraception.
- Tell your doctor immediately if during treatment with Zithromax your baby develops irritability with feeding or starts vomiting.
- Tell any other doctor or dentist you visit that you (or your child) are taking Zithromax.
- For more information on "Things you should do" can be found in Section 5 in the full CMI.

Things you should not do

 Do not stop taking this medicine or lower the dosage without checking with your doctor.

	 Do not take Zithromax to treat any other medical complaints unless your doctor tells you to.
Driving or using machines	 Be careful driving or using any machines or tools until you know how Zithromax affects you. Zithromax may cause dizziness in some people.
Looking after your medicine	 Store in original carton at below 30°C until ready for use.

For more information, see Section <u>5. What should I know while taking Zithromax?</u> in the full CMI.

6. Are there any side effects?

Side effects of this medicine may include oral/vaginal thrush; nausea; vomiting; loss of appetite; fever; diarrhoea; stomach pain; constipation; indigestion; dizziness; headache; spinning sensation; drowsiness; fatigue; restlessness; aggression; nervousness; agitation; anxiety; chest pain; palpitations; sweat; shortness of breath; wheezing; convulsions; fainting; rash, itching or hives; swelling of face, lips, tongue or body; sunburn; decreased sensitivity especially skin; blisters or ulcers on skin, mouth or airways; muscle pain; numbness or weakness; trouble speaking, understanding or walking; loss of balance; lack of

coordination; abnormal hearing; altered vision, taste/ smell; dark urine or blood in urine or bowel motions; jaundice. For more information, including what to do if you have any side effects, see Section <u>6. Are there any</u> side effects? in the full CMI.

Zithromax® Tablets and Oral Suspension

azithromycin

Consumer Medicine Information (CMI)

This leaflet provides important information about using Zithromax. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking Zithromax.

Where to find information in this leaflet:

- 1. Why am I taking Zithromax?
- 2. What should I know before I take Zithromax?
- 3. What if I am taking other medicines?
- 4. How do I take Zithromax?
- 5. What should I know while taking Zithromax?
- 6. Are there any side effects?
- 7. Product details

1. Why am I taking Zithromax?

Zithromax contains the active ingredient azithromycin which is an antibiotic. It belongs to a group of medicines called azalides. The azalides are a sub-class of a group of antibiotics called macrolides.

Zithromax is used to treat infections in different parts of the body caused by bacteria.

It is commonly used to treat Chlamydia.

Zithromax works by killing or stopping the growth of bacteria causing your infection.

Zithromax will not work against viral infections such as colds or flu.

Your doctor may have prescribed it for another reason.

Ask your doctor if you have any questions about why Zithromax has been prescribed for you.

2. What should I know before I take Zithromax?

Warnings

Do not take Zithromax if you are allergic to:

- azithromycin
- any of the ingredients listed at the end of this leaflet
- any other macrolide or ketolide antibiotics (e.g., clarithromycin, erythromycin, roxithromycin, telithromycin). Your doctor will know which antibiotics are the same type as Zithromax
- lactose (tablets)
- have restrictions concerning sugars or milk products (oral suspension).

Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

Do not take Zithromax if:

- the packaging is torn or shows signs of tampering
- the expiry date printed on the pack has passed.

Check with your doctor if you have ever had:

- liver problems
- kidney problems
- heart problems, including abnormalities of the rhythm
- diabetes
- hereditary fructose intolerance, glucose-galactose malabsorption or saccharise-isomaltase deficiency
- cystic fibrosis
- muscle weakness
- low levels of potassium or magnesium in your blood.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section <u>6</u>. Are there any side effects?

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant. Talk to your doctor if you are breastfeeding or intend to breastfeed. Your doctor can discuss with you the risks and benefits involved.

This medicine is available only with a doctor's prescription.

Zithromax is not addictive.

Use in children

Zithromax oral suspension is for use in children.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Zithromax or increase the risk of side effects. These include:

- antacids (medicines used to treat indigestion)
- colchicine (a medicine used to treat gout)
- coumarin-type oral anti-coagulants (a medicine used to prevent blood clots)
- ciclosporin (a medicine used to prevent organ transplant rejection or to treat certain problems with the immune system)

- atorvastatin (a medicine used to lower cholesterol)
- digoxin (a medicine used to treat abnormal heart rhythm or heart failure)
- ergot derivatives (such as ergotamine, which is used to treat migraines)
- terfenadine or astemizole (medicines used to treat allergies and hay fever)
- zidovudine, a medicine used to treat patients with AIDS
- some medicines used to treat heart rhythm problems (heart arrhythmia) such as amiodarone, disopyramide, ibutilide and sotalol
- antipsychotic medicines used to treat schizophrenia or bipolar mania such as haloperidol, quetiapine and risperidone
- medicines used to treat depression (antidepressants) such as fluoxetine, sertraline and venlafaxine
- fluoroquinolone antibiotics such as ciprofloxacin, lomefloxacin, moxifloxacin and norfloxacin
- oral contraceptives (birth control pills). Some side effects from Zithromax may interfere with effectiveness of birth control pills.

These medicines may be affected by Zithromax or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Talk to your doctor about the need for additional contraception while taking Zithromax.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Zithromax.

Your doctor or pharmacist has more information on medicines to be careful with or to avoid while taking Zithromax.

4. How do I take Zithromax?

How much to take

The doctor will decide what dose of Zithromax is needed depending on certain factors such as the type of infection and bodyweight of your child.

The usual dose to treat Chlamydia is two 500 mg tablets taken as a single dose.

For other infections Zithromax is usually taken once a day. Sometimes the dose is taken once a week. Your doctor will decide the right dose for you.

Zithromax oral suspension is for use by children. The dose for your child will depend on his or her body weight.

Your pharmacist will explain how to use it if you are not sure.

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.

How long to take

Continue taking Zithromax until you finish the pack or bottle or until your doctor recommends.

Do not stop taking it because you are feeling better.

If you do not complete the full course prescribed by your doctor, the infection may not clear completely or your symptoms may return.

If you are not sure how long you should be taking Zithromax, check with your doctor.

When to take Zithromax

Zithromax may be taken with or without food.

If you are taking an antacid, take it at least one hour before or two hours after your Zithromax dose.

This will avoid any possible effect of the antacid on the absorption of Zithromax.

How to take Zithromax

Tablets:

Swallow the tablets whole with liquid.

Oral Suspension:

Shake the bottle well before use and use the measuring syringe supplied.

If you forget to take Zithromax

If you are taking Zithromax for three days or longer and you miss a dose, take it as soon as you remember (within a 24- hour period), then continue as normal.

Do not try to make up for missed doses by taking more than one dose at a time.

If you are not sure what to do, check with your doctor or pharmacist.

If you have trouble remembering to take your Zithromax, ask your pharmacist for some hints.

If you take too much Zithromax

Immediately telephone your doctor or Poisons Information Centre (13 11 26) for advice if you think that you or anyone else may have taken too much Zithromax.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

If you take too many tablets or too much oral suspension, you may get an upset stomach, diarrhoea or skin rashes.

5. What should I know while taking Zithromax?

Things you should do

Call your doctor straight away if:

- the symptoms of your infection do not improve within a few days, or if they become worse
- you have chest pain, shortness of breath, sudden dizziness, light-headedness or numbness in the face, arm, or leg
- you have severe diarrhoea. Do this even if it occurs several weeks after Zithromax has been stopped.

Diarrhoea may mean that you have a serious condition affecting your bowel. You may need urgent medical care. Do not take any diarrhoea medicine without first checking with your doctor.

- you have a sore, white mouth or tongue while taking, or soon after stopping Zithromax
- you have vaginal itching or discharge.

This may mean you have a yeast infection called thrush. Sometimes the use of Zithromax allows yeast to grow and the above symptoms to occur. Zithromax does not work against yeast.

 your baby develops irritability with feeding or starts vomiting.

This may be a sign of a stomach disorder in the infant.

If you become pregnant while taking Zithromax.

If you are about to start any new medicines, tell your doctor and pharmacist that you are taking Zithromax.

Tell any other doctor or dentist you visit that you are taking Zithromax.

Things you should not do

 Do not stop taking Zithromax or lower the dosage without checking with your doctor.

If you do not complete the full course prescribed by your doctor, all the organisms causing your infection may not be killed. These organisms may continue to grow and multiply so that your infection may not clear completely or may return.

- Do not give Zithromax to anyone else, even if they have the same condition as you
- Do not use Zithromax to treat any other medical complaints unless your doctor tells you to
- Do not take any other medicines whether they require a prescription or not without first telling your doctor or consulting with a pharmacist.

Things to be careful of

Protect your skin when you are in the sun, especially between 10am and 3pm.

Some macrolide antibiotics may cause your skin to be more sensitive to sunlight than it is normally. Exposure to sunlight may cause a skin rash, itching, redness or severe sunburn.

If outdoors, wear protective clothing and use a 30+ sunscreen. If your skin does appear to be burning tell your doctor immediately.

Driving or using machines

Be careful driving or using any machines or tools until you know how Zithromax affects you. Zithromax may cause dizziness in some people.

Drinking alcohol

No information available.

Looking after your medicine

Keep Zithromax in its original packaging until it is time to use it. If you take Zithromax out of its packaging, it may not keep as well.

Keep your Zithromax in a cool, dry place where the temperature stays below 30°C.

Do not store Zithromax or any other medicine in the bathroom or near a sink. Do not leave it in the car or on a window sill. Heat and dampness can destroy some medicines.

Do not use this medicine after the expiry date.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a-half meters above the ground is a good place to store medicines.

When to discard your medicine

If your doctor tells you to stop taking this medicine, or it has passed its expiry date, take it to any pharmacy for safe disposal.

Discard any oral suspension left over after 10 days.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
 oral thrush - white, furry, sore tongue and mouth vaginal thrush - sore and itchy vagina and/or white discharge nausea 	Speak to your doctor if you have any of these less serious side effects and they worry you.

Less serious side effects	What
• vomiting	
loss of appetite	
constipation	
stomach pain	
indigestion	
• wind	
dizziness, spinning	
sensation	
• headache	
• tiredness	
drowsiness	
• fatigue	
restlessness	
muscle or joint aches	
• rash	
 hearing loss or ringing in the ears 	
altered taste and smell.	

Serious side effects

Serious side effects	What to do
 diarrhoea, usually with blood and mucus, stomach pain and fever 	Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you

Serious side effects	What to do
 severe upper stomach pain, often with nausea and vomiting fast or irregular heart beat, palpitations chest pain sudden dizziness or light-headedness cold sweat sudden signs of allergy such as rash, itching or hives on the skin, swelling of the face, lips, 	What to do notice any of these serious side effects.
tongue or other parts of the body, shortness of breath, wheezing or trouble breathing	
 widespread body rash, fever and swollen lymph nodes 	
 symptoms of sunburn such as redness, itching, swelling or blistering which may occur more quickly than normal decreased feeling or sensitivity, especially in the skin 	

Serious side effects	What to do
 signs of frequent or worrying infections such as fever, severe chills, sore throat or mouth ulcers 	
 bleeding or bruising more easily than normal, reddish or purplish blotches under the skin 	
 dark urine or blood in the urine or bowel motions 	
 blisters or ulcers on the skin, in the mouth or airways that may occur after a period of fever 	
 yellowing of the eyes or skin, also called jaundice 	
 pain or discomfort in the jaw, neck, back, arm, leg or shoulder 	
 numbness or weakness in the face, arm, or leg 	
 trouble with speech, or understanding speech 	
 aggressive reaction, nervousness, agitation or anxiety 	

Serious side effects	What to do
• problems with vision	
 trouble walking, loss of balance, or lack of coordination 	
• fainting	
• convulsions (fits).	

These are serious side effects. You may need urgent medical attention or hospitalisation. These side effects are rare.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Some of these side effects (for example certain liver conditions, and blood abnormalities) can only be found when your doctor does tests from time to time to check your progress.

After finishing it

Tell your doctor immediately if you notice any of the following side effects, particularly if they occur several weeks after stopping treatment with Zithromax.

- Severe abdominal cramps or stomach cramps
- Watery and severe diarrhoea, which may also be bloody

Fever in combination with one or both of the above.

Zithromax can cause some bacteria, which are normally present in the bowel and normally harmless, to multiply and therefore cause the above symptoms. You may need urgent medical attention. However, this side effect is rare.

Do not take any medicine for this diarrhoea without first checking with your doctor.

Ask your doctor or pharmacist if you don't understand anything in these lists.

Do not be alarmed by the lists of possible side effects. You may not experience any of them.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Zithromax Tablet contains

Active ingredient (main ingredient)	azithromycin
Other ingredients (inactive ingredients)	pregelatinsed-maize starch calcium hydrogen phosphate croscarmellose sodium magnesium stearate sodium lauryl sulfate lactose hypromellose titanium dioxide glycerol triacetin

What Zithromax Powder for Oral Suspension contains

Active ingredient (main ingredient)	azithromycin
Other ingredients (inactive ingredients)	sucrose sodium phosphate

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	hyprolose
	xanthan gum
	cherry flavour
	banana flavour
	vanilla flavour (contains milk products)
]

Do not take this medicine if you are allergic to any of these ingredients.

What Zithromax looks like

Zithromax 500 mg (AUST R 58797) - white to off white, unscored, modified capsule-shaped film coated tablets, engraved with 'ZTM 500' on one side and 'Pfizer' on the other. Blister packs of 2 and 3.

Zithromax 600 mg (AUST R 60057) - white to off white, scored, modified oval film coated tablets, engraved with 'ZTM 600' on one side and 'PFIZER' on the other. Blister pack of 8.

Zithromax Powder for Oral Suspension (AUST R 60049) - a white to off-white powder in a 15 mL bottle, and it is an off-white to orange to brown liquid when made up with water.

Who distributes Zithromax

Pfizer Australia Pty Ltd Sydney NSW Toll Free Number: 1800 675 229

www.pfizermedicalinformation.com.au

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