

Toujeo solution for injection

What is Toujeo and What is it Used For?

Toujeo contains a long acting, once daily basal insulin known as insulin glargine. It is used to treat diabetes mellitus in adults, a disease where your body does not produce enough insulin to control the level of blood sugar.

SoloStar® is a disposable pre-filled pen for the injection of insulin glargine. Talk with your Healthcare Professional about proper injection technique before using SoloStar.

Read these instructions carefully BEFORE using your SoloStar pen.

If you are not able to use SoloStar or to follow all the instructions completely on your own or if you are blind or have poor vision, you must use SoloStar only if you have help from a person who is able to follow the instructions completely, has good vision and is trained in using the device.

Keep this leaflet for future reference.

If you have any questions about SoloStar or about diabetes, ask your Healthcare Professional or call Sanofi at 1800 818 806 (Australia) or 0800 283 684 (New Zealand).

Important information

Never re-use needles

Used pen needles get blocked and you might not get your dose (underdosing) or get too much (overdosing) which will cause too high or too low blood sugar.

Never use your pen if it is damaged or if you are not sure that it is working properly.

Never use a syringe to remove insulin from your pen

If you do you will get too much insulin. The scale on most syringes is made for 100 units/mL insulins only.

Never share your pen – it is only for you.

Be trained on the correct use of your pen

Always perform a safety test

Always carry a spare pen and spare needles in case they get lost or stop working.

Handling of the SoloStar® pen

Toujeo contains 300 units/mL insulin glargine in a 1.5 mL disposable pre-filled pen

Hold the pen as shown in this leaflet.

To ensure that you read the dose correctly, hold the pen horizontally, with the needle on the left and the dosage selector to the right as shown in the illustrations below.

You can set doses from 1 to 80 units in steps of 1 unit. Each pen contains multiple doses.

Learn to inject

Talk with your doctor, pharmacist or nurse about how to inject, before using your pen.
Ask for help if you have problems handling the pen, for example if you have problems with your sight.
Read all of these instructions before using your pen. If you do not follow all of these instructions you may get too much or too little insulin.

Every use

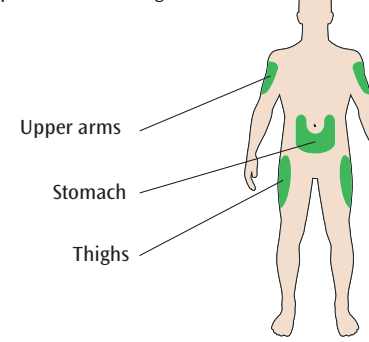
There are SIX easy steps to injection. Below you will find the most important information on each of these steps. Follow each of these steps to ensure safe and correct use of the pen.

Extra items you will need:

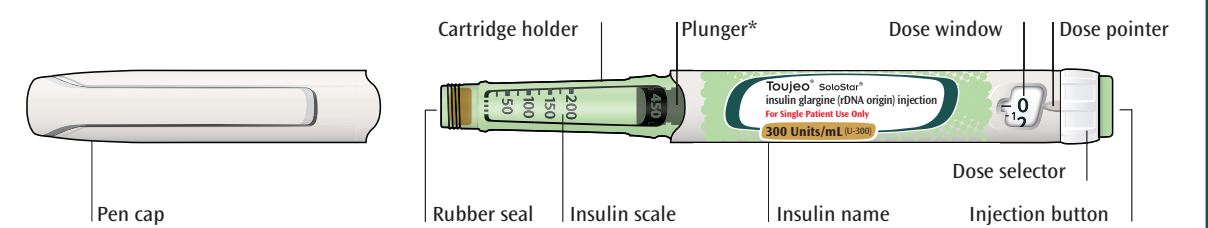
- a new sterile needle (see STEP 2),
- an alcohol swab.
- a puncture resistant container for used needles and pens.

Places to inject

In the abdominal wall, the upper arm or the thigh.



Get to know your pen



* You will not see the plunger until you have injected a few doses.

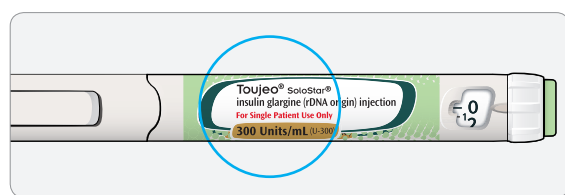
Use by	How to store your pen	Caring for your pen	Further important information																				
Only use your pen for up to 28 days after its first use.	Before first use - Keep new pens in a fridge, at 2°C to 8°C and protected from light. - Do not freeze. After first use - Keep your pen at room temperature, below 30°C and protected from direct heat and light. - Never put your pen back in the fridge. - Never store your pen with the needle attached. - Store your pen with the pen cap on. - Store for a maximum of 28 days	Handle your pen with care - Do not drop your pen or hit it against hard surfaces. - If you think that your pen may be damaged, do not try to repair it, use a new one. Protect your pen from dust and dirt - You can clean the outside of your pen by wiping it with a damp cloth. Do not soak, wash or lubricate your pen – this may damage it. THROWING AWAY - Remove the needle before throwing your pen away. - Throw away your used pen as told by your healthcare provider or local authority.	<table><tr><td>What dose must I dial on the pen?</td><td>Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure. The pen has a dose counter window that shows the exact dose dialed. This is the dose that will be delivered.</td></tr><tr><td>What should I do if I find the pen difficult to dial or inject?</td><td>Do not force it as it may break the pen. Change the needle, and re-do the safety test. If it is still difficult to dial or inject, dispose of the pen and use a new one. Consult your doctor or other healthcare professional.</td></tr><tr><td>What should I do if the needle is blocked?</td><td>If you notice this during the safety test, change the needle then re-do the safety test. 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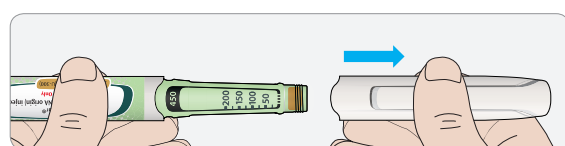
STEP 1: Check your pen

- Take a new pen out of the fridge at least 1 hour before you inject. Cold insulin is more painful to inject.

- A Check the name and expiration date on the label of your pen.**
- Make sure you have the correct insulin.
 - Never use your pen after the expiration date.

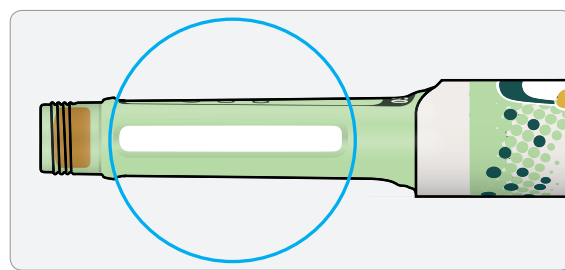


- B Pull off the pen cap.**

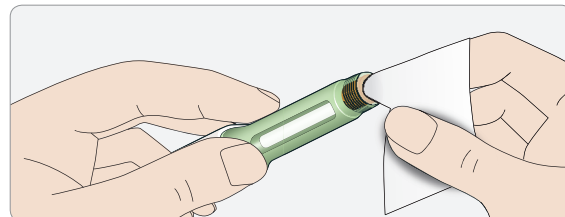


- C Check that the insulin is clear.**

- Do not use the pen if the insulin looks cloudy, colored or contains particles.



- D Wipe the rubber seal with an alcohol swab.**

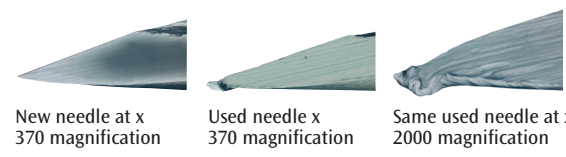


If you have other injector pens

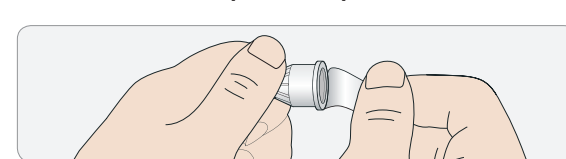
- Making sure you have the correct medication is especially important. Always check the packaging and label of the pen before each injection to ensure you take the correct insulin and avoid mix-ups with other insulins or products you may have been prescribed.

STEP 2: Attach a new needle

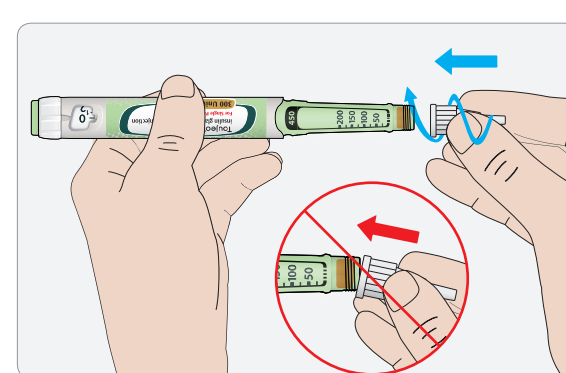
- Always use a new, sterile needle for each injection. This helps stop blocked needles to ensure you get an accurate dose and help avoid too high or too low blood sugar. Re-using a needle will cause it to become blunt and may increase the pain of injection and increase the risk of contamination and infection. Always use needles from Beckton Dickinson (BD), Ypsomed or Owen Mumford.



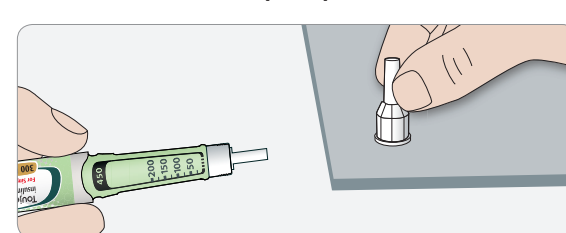
- A Take a new needle and peel off the protective seal.**



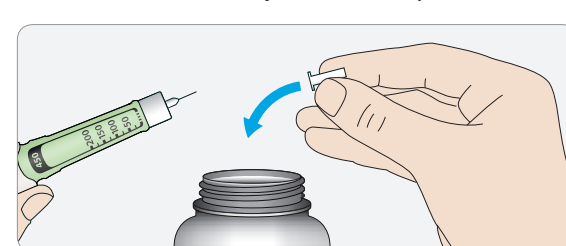
- B Keep the needle straight and screw it onto the pen until fixed. Do not overtighten.**



- C Pull off the outer needle cap. Keep this for later.**



- D Pull off the inner needle cap and throw away.**



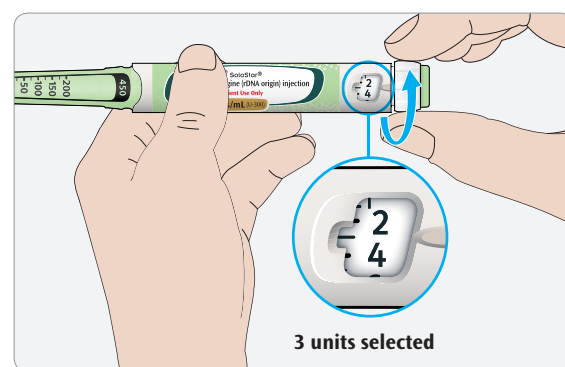
Handling needles

Take care when handling needles – this is to prevent needle injury and cross-infection.

STEP 3: Do a safety test

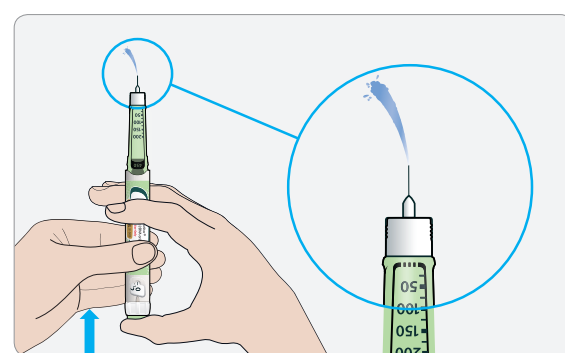
- Always do a safety test before each injection – this is to:
 - check your pen and the needle are working properly.
 - make sure that you get the correct insulin dose.

- A Select 3 UNITS by turning the dose selector until the dose pointer is at the mark between 2 and 4.**



- B Press the injection button all the way in.**

- When insulin comes out of the needle tip, your pen is working correctly.



If no insulin appears:

- You may need to repeat this step up to 3 times before seeing insulin.
- If no insulin comes out after the third time, the needle may be blocked. If this happens:
 - change the needle (see STEP 6 and STEP 2),
 - then repeat the safety test (STEP 3).
- Do not use your pen if there is still no insulin coming out of the needle tip. Use a new pen.
- Never use a syringe to remove insulin from your pen.

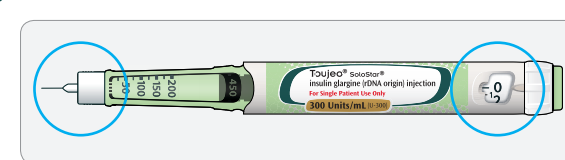
If you see air bubbles

You may see air bubbles in the insulin. This is normal, they will not harm you.

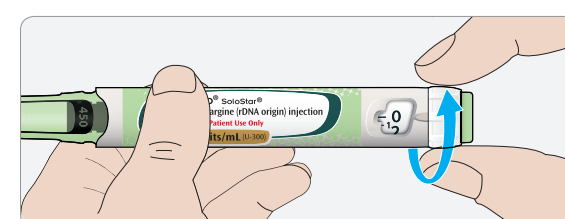
STEP 4: Select the dose

- Never select a dose or press the injection button without a needle attached. This may damage your pen. The pen displays the dialed dose in units. You simply dial the number of units you need. Always check you have dialled the correct dose as prescribed.

- A Make sure a needle is attached and the dose is set to '0'.**



- B Turn the dose selector until the dose pointer lines up with your dose.**
- If you turn past your dose, you can turn back down.
 - If there are not enough units left in your pen for your dose, the dose selector will stop at the number of units left.
 - If you cannot select your full prescribed dose, split the dose into two injections or use a new pen.



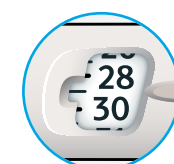
How to read the dose window

Even numbers are shown in line with the dose pointer:



30 units selected

Odd numbers are shown as a line between even numbers:



29 units selected

Units of insulin in your pen

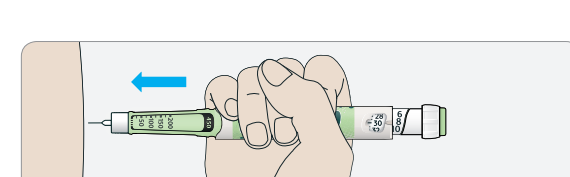
- Your pen contains a total of 450 units of insulin. You can select doses from 1 to 80 units in steps of 1 unit.
- You can see roughly how many units of insulin are left by looking at where the plunger is on the insulin scale.

STEP 5: Inject your dose

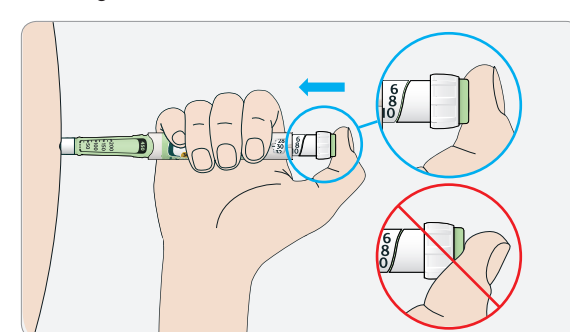
Toujeo is injected under the skin (subcutaneous). Do not inject into a vein since this will change its action and may cause low blood sugar. Inject your dose once every day, preferably at the same time each day. If you find it hard to press the injection button in, do not force it as this may break your pen. See the section below for help.

- A Choose a place to inject as shown in the picture above.**

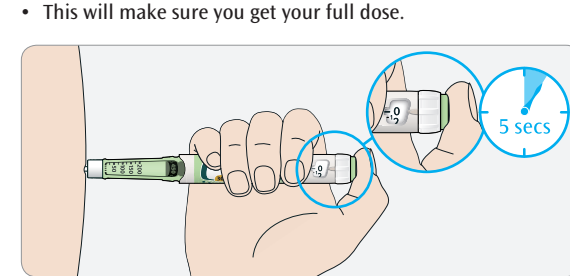
- B Push the needle into your skin as shown by your healthcare provider.**
- Do not touch the injection button yet.



- C Place your thumb on the injection button. Then press all the way in and hold.**
- Do not press at an angle – your thumb could block the dose selector from turning.



- D Keep the injection button held in and when you see "0" in the dose window, slowly count to 5.**
- This will make sure you get your full dose.



- E After holding and slowly counting to 5, release the injection button. Then remove the needle from your skin.**

If you find it hard to press the button in:

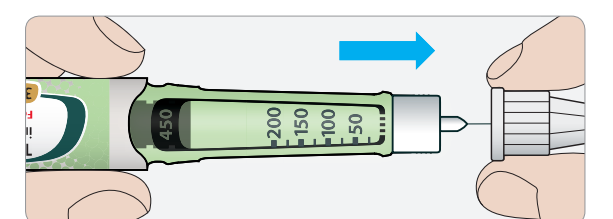
- Change the needle (see STEP 6 and STEP 2) then do a safety test (see STEP 3).
- If you still find it hard to press in, get a new pen.
- Never use a syringe to remove insulin from your pen.

STEP 6: Remove the needle

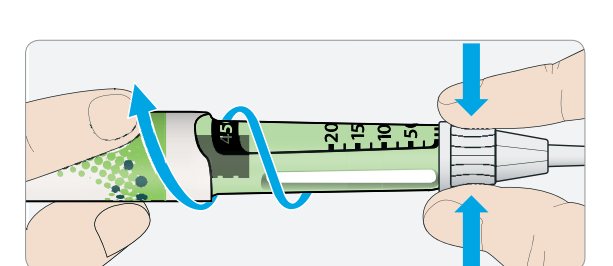
- Take care when handling needles – this is to prevent needle injury and cross-infection.

- Never put the inner needle cap back on.

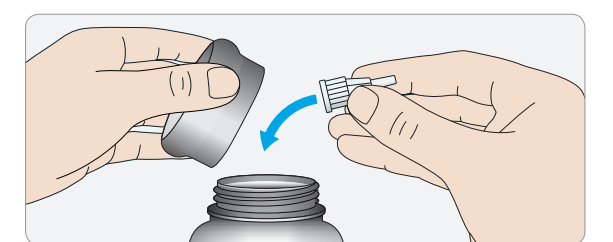
- A Grip the widest part of the outer needle cap. Keep the needle straight and guide it into the outer needle cap. Then push firmly on.**
- The needle can puncture the cap if it is recapped at an angle.



- B Grip and squeeze the widest part of the outer needle cap. Turn your pen several times with your other hand to remove the needle.**
- Try again if the needle does not come off the first time.



- C Throw away the used needle in a puncture resistant container, or as told by your healthcare provider or local authority.**



- D Put the pen cap back on.**

- Do not put the pen back in the fridge.

