IPTAM® MIGRAINE RELIEF

Consumer Medicine Information (CMI) summary

The full CMI on the next page has more details. If you are worried about taking this medicine, speak to your doctor or pharmacist.

1. Why am I taking IPTAM MIGRAINE RELIEF?

IPTAM MIGRAINE RELIEF contains the active ingredient sumatriptan (as succinate). It is used to relieve a migraine headache in patients who have a stable, well-established pattern of symptoms. IPTAM MIGRAINE RELIEF should not be taken to prevent migraine headaches from occurring. For more information, see Section 1. Why am I taking IPTAM MIGRAINE RELIEF? in the full CMI.

2. What should I know before I take IPTAM MIGRAINE RELIEF?

Do not take if you have ever had an allergic reaction to sumatriptan succinate or any of the ingredients listed at the end of the CMI. **Talk to your doctor or pharmacist if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.** For more information, see Section 2. What should I know before I take IPTAM MIGRAINE RELIEF? in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with IPTAM MIGRAINE RELIEF and affect how it works. A list of these medicines is in Section 3. What if I am taking other medicines? in the full CMI.

4. How do I take IPTAM MIGRAINE RELIEF?

- The usual recommended dose for adults aged 18 to 65 years is 50 mg (one tablet).
- Take one tablet (50 mg) as soon as the migraine headache begins.
- If the first IPTAM MIGRAINE RELIEF tablet helps your migraine, but the migraine comes back later, you may take another tablet. Wait at least two hours after the first tablet was taken.
- Do NOT take more than 100 mg (2 tablets) in any 24-hour period, unless advised by your doctor.

More instructions can be found in Section 4. How do I take IPTAM MIGRAINE RELIEF? in the full CMI.

5. What should I know while taking IPTAM MIGRAINE RELIEF?

Things you should do	• Remind any doctor, dentist or pharmacist you visit that you are taking IPTAM MIGRAINE RELIEF. • Tell your doctor if you have not taken your medicine exactly as directed. • Tell your doctor or pharmacist if your migraine lasts for longer than 24 hours.
Things you should not do	• Do not give IPTAM MIGRAINE RELIEF to anyone else, even if their symptoms seem similar to yours. • Do not take more tablets for the same migraine headache if the first dose has not provided any relief from your symptoms.
Driving or using machines	• Be careful driving or operating machinery until you know how IPTAM MIGRAINE RELIEF affects you. Drowsiness may occur as a result of migraine or its treatment with sumatriptan. This may influence the ability to drive and to operate machinery.
Drinking alcohol	• Tell your doctor or pharmacist if you drink alcohol.
Looking after your medicine	• Keep your tablets in the pack until it is time to take them. • Keep your tablets in a cool, dry place where the temperature stays below 25°C.

For more information, see Section 5. What should I know while taking IPTAM MIGRAINE RELIEF? in the full CMI.

6. Are there any side effects?

Tell your doctor immediately and do not take any more tablets if you experience any of the following serious side effects: heaviness, pressure or tightness in any part of the body including the chest or throat, irregular heartbeats, problems with your eyesight, wheezing, swelling of the lips/mouth, difficulty in breathing, lumpy rash ("hives"), fainting, fit or convulsion, pain in the lower tummy and bloody diarrhoea (ischaemic colitis) or persistent purple discolouration and/or pain in response to cold. For more information, including what to do if you have any side effects, see Section 6. Are there any side effects? in the full CMI.

IPTAM® MIGRAINE RELIEF

Active ingredient: *sumatriptan (as succinate)*

Consumer Medicine Information (CMI)

This leaflet provides important information about taking IPTAM MIGRAINE RELIEF. Keep this leaflet with your medicine. You may need to read it again. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking IPTAM MIGRAINE RELIEF.**

Where to find information in this leaflet:

1. Why am I taking IPTAM MIGRAINE RELIEF?
2. What should I know before I take IPTAM MIGRAINE RELIEF?
3. What if I am taking other medicines?
4. How do I take IPTAM MIGRAINE RELIEF?
5. What should I know while taking IPTAM MIGRAINE RELIEF?
6. Are there any side effects?
7. Product details

1. Why am I taking IPTAM MIGRAINE RELIEF?

IPTAM MIGRAINE RELIEF contains the active ingredient sumatriptan succinate, which belongs to a group of medicines called serotonin agonists.

IPTAM MIGRAINE RELIEF is used to relieve a migraine headache in patients who have a stable, well-established pattern of symptoms. It should not be used to prevent migraine attacks from occurring. Do not take IPTAM MIGRAINE RELIEF unless your condition has been diagnosed by a doctor.

It is thought that migraine headache is due to widening of certain blood vessels in the head. This medicine works by making the blood vessels normal again and eases the symptoms of migraine.

Your IPTAM MIGRAINE RELIEF tablets do not work in other types of headaches which are not migraine.

There is no evidence that IPTAM MIGRAINE RELIEF is addictive.

2. What should I know before I take IPTAM MIGRAINE RELIEF?

Warnings

Do not take IPTAM MIGRAINE RELIEF if:

- **you have not been previously diagnosed with migraine by a doctor**
- **you are allergic to sumatriptan succinate, lactose or any of the ingredients listed at the end of this leaflet.** Some of the symptoms of an allergic reaction may include:
  - skin rash, itching or hives;
  - swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing;
  - wheezing or shortness of breath.

  Always check the ingredients to make sure you can take this medicine.
- **you have or have had:**
  - heart disease or heart attack
  - shortness of breath, pain or tightness in the chest, jaw or upper arm
  - peripheral vascular disease (pain in the back of the legs) or are prone to cold, tingling or numb hands and feet
  - Prinzmetal's angina (an uncommon form of angina where pain is experienced at rest rather than during activity)
  - angina (chest pain, often during exercise or stress)
  - high blood pressure
  - stroke
  - severe liver disease
- **you have taken any of these medicines in the last 24 hours:**
  - ergotamine (e.g. Cafergot)
  - dihydroergotamine (e.g. Dihydergot)
  - methysergide (e.g. Deseril)
  - rizatriptan (e.g. Maxalt)
  - eletriptan (e.g. Relpax)
  - naratriptan (e.g. Naramig)
  - zolmitriptan (e.g. Zomig)
- **you have taken any of these medicines in the last two weeks used for depression:**
  - monoamine oxidase inhibitors (MAOIs), a type of medicine used for depression
  - selective serotonin reuptake inhibitors (SSRIs)
  - serotonin noradrenaline reuptake inhibitors (SNRIs)
- the packaging shows signs of tampering or the tablets do not look quite right.
- the expiry date printed on the pack has passed. If you take this medicine after the expiry date, it may not work as well.

Check with your doctor or pharmacist if you:

- have allergies to foods, dyes, preservatives or any other medicines, including any that contain sulfur (e.g. sulfonamide antibiotics)
- currently have or have previously had the following medical conditions:
  - liver or kidney problems
  - problems with your heart or blood vessels, or a family history of heart problems
  - high blood pressure, even if it is under control
  - stroke

- high blood cholesterol levels
- obesity
- diabetes
- epilepsy, seizures or fits or been told that you are prone to this problem

- are male and over 40 years of age
- are female and have undergone menopause
- are under 18 or over 65 years of age
- think that this headache is different and worse than your usual migraine
- have difficulty moving one side of your body when you have the migraine headache
- smoke
- plan to have surgery

Your doctor or pharmacist may want to take special care if you have any of these conditions.

If you have not told your doctor or pharmacist about any of the above, tell them before you start taking IPTAM MIGRAINE RELIEF.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

Tell your doctor or pharmacist if your migraine headache becomes more frequent. Overuse of this medicine may worsen your condition.

Pregnancy and breastfeeding

Check with your doctor or pharmacist if you are pregnant or intend to become pregnant.

Your doctor or pharmacist will discuss the risks and benefits of taking IPTAM MIGRAINE RELIEF during pregnancy.

Talk to your doctor or pharmacist if you are breastfeeding or intend to breastfeed.

IPTAM MIGRAINE RELIEF can pass into the breast milk. To reduce the chance of your baby being exposed to IPTAM MIGRAINE RELIEF, avoid breastfeeding for 24 hours after taking this medicine. Any breast milk expressed during that time should be thrown away.

Your doctor or pharmacist will discuss the risks and benefits of taking IPTAM MIGRAINE RELIEF when breastfeeding.

Use in Children and Adolescents (under 18 years)

This medicine is not recommended for use in children or adolescents under the age of 18 years.

Use in the Elderly (over 65 years)

This medicine is not recommended for use in patients over the age of 65 years.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop, particularly herbal preparations containing St John's Wort.

Consult your doctor or pharmacist before use, if you are taking other medicines including for migraine.

Consult your doctor or pharmacist, if you are taking medicine for depression, anxiety, obsessive compulsive disorder (OCD) or the oral contraceptive pill.

Some medicines may be affected by IPTAM MIGRAINE RELIEF or may affect how well it works.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect IPTAM MIGRAINE RELIEF.

4. How do I take IPTAM MIGRAINE RELIEF?

Follow all directions given to you by your doctor or pharmacist carefully.

How much to take

Adults 18 to 65 years

- The usual recommended dose for adults is 50 mg (one tablet). Take one tablet (50 mg) as soon as the migraine headache begins.
- If the first IPTAM MIGRAINE RELIEF tablet helps your migraine, but the migraine comes back later, you may take another IPTAM MIGRAINE RELIEF tablet. Wait at least two hours after the first tablet was taken.
- **Do not take more than 100 mg (2 tablets) of IPTAM MIGRAINE RELIEF tablets in any 24-hour period.**
- **Do not take more IPTAM MIGRAINE RELIEF tablets if the first dose has not provided any relief from your symptoms.**
- You may take your usual headache relief medication provided it does not contain ergotamine or methysergide.
- If your migraine is not relieved by IPTAM MIGRAINE RELIEF, you may take IPTAM MIGRAINE RELIEF tablets on another occasion to treat another migraine headache.
- If you are unsure what to do, ask your doctor or pharmacist.

When to take it

- IPTAM MIGRAINE RELIEF should be taken:
  - when the migraine headache begins; or
  - when other symptoms of the migraine begin, such as nausea (feeling sick), vomiting or your eyes becoming sensitive to light
- If you take your tablet later during the migraine headache it will still work for you.
- **Do not take your IPTAM MIGRAINE RELIEF tablet before the above symptoms occur.**

How to take it

- Swallow the tablets whole with a glass of water. **Do not crush or chew the tablet.**

If you take too much IPTAM MIGRAINE RELIEF

If you think that you have taken too much IPTAM MIGRAINE RELIEF, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**) for advice, or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

Do this even if there are no signs of discomfort or poisoning.

5. What should I know while taking IPTAM MIGRAINE RELIEF?

Things you should do

Tell your doctor or pharmacist if:

- **for any reason, you have not taken your medicine exactly as directed.**
  Otherwise, your doctor may think that it is not working and change your treatment unnecessarily.
- **you are about to start any new medicines that you are taking IPTAM MIGRAINE RELIEF.**
- your migraine headache lasts for longer than 24 hours.
- your pattern of symptoms has changed.
- you generally have four or more migraine headaches each month.
- you feel this headache is different or worse than your usual migraine e.g. more frequent, more persistent, more severe, or you do not recover between attacks.
- you have the following symptoms with your migraine
  - weakness on one side of your body
  - double vision
  - clumsy and uncoordinated movements
  - tinnitus (ringing in the ears)
  - reduced levels of consciousness
  - seizure-like movements
  - recent rash with a headache.

Remind any doctor, dentist, pharmacist or other health professionals you visit that you are taking IPTAM MIGRAINE RELIEF.

Things you should not do

- **Do not give IPTAM MIGRAINE RELIEF to anyone else, even if their symptoms seem similar to yours**

Medication overuse headaches

Overuse of migraine medications, such as IPTAM MIGRAINE RELIEF, have been associated with worsening of headaches (medication overuse headache or MOH) in some patients.

Overuse of medications for relief of headache and migraine can worsen your condition and lead to:

- increase of headache frequency, and
- can make your condition less responsive to treatments.

If you are experiencing frequent or daily headaches, it is possible that you may be experiencing medication overuse headache. If this happens, you should speak with your doctor or pharmacist. Your doctor may tell you to stop taking IPTAM MIGRAINE RELIEF tablets.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how IPTAM MIGRAINE RELIEF affects you.

IPTAM MIGRAINE RELIEF may cause drowsiness, dizziness or light-headedness in some people (especially after the first dose). If any of these occur, do not drive, operate machinery or do anything else that could be dangerous.

Drinking alcohol

Tell your doctor or pharmacist if you drink alcohol.

Looking after your medicine

- Keep your tablets in the pack until it is time to take them. If you take the tablets out of the pack they will not keep well.
- Keep your tablets in a place where the temperature stays below 25°C.

Follow the instructions on the carton on how to take care of your medicine properly.

Store it in a cool, dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Getting rid of any unwanted medicine

If you no longer need to take this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not take this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Less serious side effects

Less serious side effects	What to do
• pain, tingling, heat or flushing in any part of the body	**Speak to your doctor or**

Less serious side effects	What to do
• feeling of sleepiness, dizziness, or tiredness • nausea (feeling sick) or vomiting • a change in blood pressure • feeling of faintness • shaking or tremors • uncontrolled movements • shortness of breath • breast pain	**pharmacist if you have any of these less serious side effects and they worry you.**

Serious side effects

Serious side effects	What to do
• feel heaviness, pressure or tightness in any part of the body including the chest or throat • irregular heart beats • fit or convulsion • problems with your eyesight • pain in the lower tummy and bloody diarrhoea (ischaemic colitis) • symptoms of an allergic reaction including: o skin rash, itching or hives; o swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing; o wheezing or shortness of breath. • persistent purple discolouration and/or pain in the fingers, toes, ears, nose or jaw in response to cold	**Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital and do not take any more IPTAM MIGRAINE RELIEF tablets if you notice any of these serious side effects.**

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available upon consultation with a pharmacist.

What IPTAM MIGRAINE RELIEF contains

Active ingredient (main ingredient)	sumatriptan succinate
Other ingredients (inactive ingredients)	• lactose monohydrate • microcrystalline cellulose • croscarmellose sodium • magnesium stearate • OPADRY II complete film coating system 40L14838 Pink (ID 4805)
Potential allergens	• sugars as lactose monohydrate

Do not take this medicine if you are allergic to any of these ingredients.

What IPTAM MIGRAINE RELIEF looks like

IPTAM MIGRAINE RELIEF is a pink, round, film-coated tablet debossed 'G' on one side and 'SU50' on the other side (AUST R 397730).

This medicine is available in a blister pack containing 2 tablets.

Who distributes IPTAM MIGRAINE RELIEF

Alphapharm Pty Ltd trading as Viatris

Level 1, 30 The Bond

30-34 Hickson Road

Millers Point NSW 2000

www.viatris.com.au

Phone: 1800 274 276

This leaflet was prepared in October 2026.

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